

REVERSE HYPEREXTENSION / 1FW096



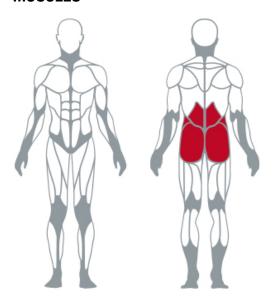
Reverse Hyperextension is ideal for targeted training of the hamstrings (glutes and hamstrings) and lumbar muscles. It is characterized by:

- LARGE ADJUSTABLE THRUST ROLLER;
- PHYSIOLOGICAL LOAD CURVE;
- COUNTERBALANCE TO ZERO THE EMPTY WEIGHT OF THE OPERATING LEVER;
- SIDE PLATFORM FOR EASY CLIMBING AND POSITIONING ON THE MACHINE;
- ELBOW PADS WITH MULTI-GRIP HANDLE FOR MAXIMUM TRUNK STABILITY DURING EXERCISE.

Optional

• 3 ADDITIONAL WEIGHT HOLDERS.

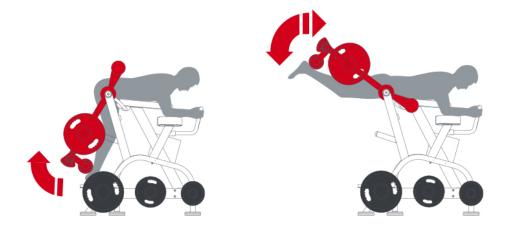
MUSCLES



TECHNICAL DATA

Width	130 cm
Length	125 cm
Height	160 cm
Weight	175 Kg
Maximum load	110 Kg

WORK OUT



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