

HIP THRUST / 1FW097



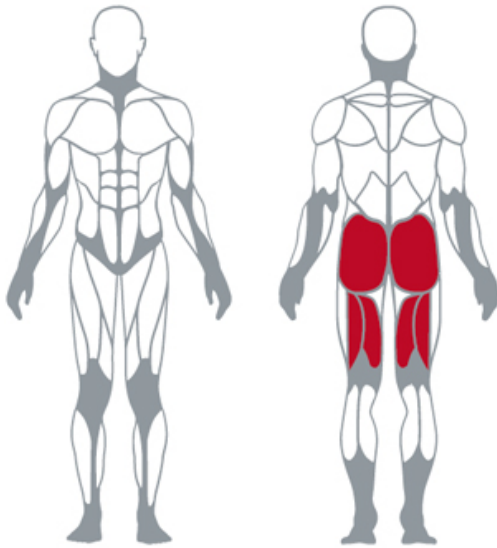
The Hip Thrust is specific for training the thigh muscle with a targeted workout on the glutes. It stands out for:

- GAS ASSISTED AND HEIGHT ADJUSTABLE THRUST ROLLER, THAT DOES NOT PREVENT THE ACCESS TO THE MACHINE WHEN AT REST;
- PHYSIOLOGICAL LOAD CURVE;
- TILTING BACKREST THAT FOLLOWS THE USER MOVEMENT DURING THE EXERCISE;
- WIDE PLATFORM WITH ANTI-SLIP PROOF SYSTEM.

Optional

- GAS ASSISTED AND HEIGHT ADJUSTABLE FOOTREST;
- 6 ADDITIONAL WEIGHT HOLDERS.

MUSCLES



TECHNICAL SPECIFICATIONS

Width	150 cm
Length	200 cm
Height	140 cm
Weight	180 Kg
Max. Weight	270 Kg

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The accessories (dumbbells, discs and barbells) are always placed as decorum therefore not included in the machine.