

# ABDOMINAL CRUNCH / 1FE067



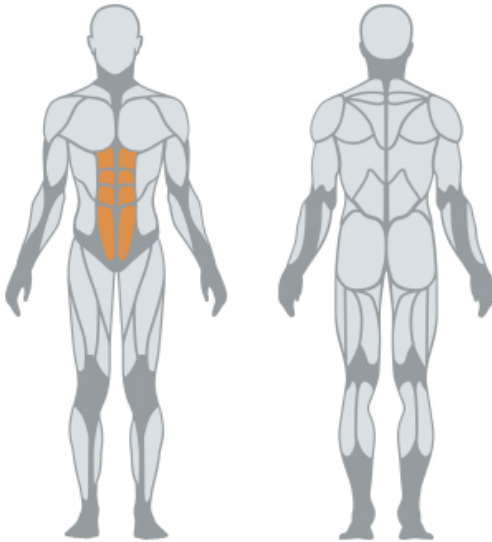
## Features

- MACHINE FOR TRAINING ABDOMINALS MUSCLES
- MAGNETIC PIN TO SELECT THE LOAD
- WEIGHT STACK CARTER IN TRANSPARENT POLYCARBONATE
- ILLUSTRATIVE CHART

## Technical Info

- MULTIJOINT BIOMECHANICAL SYSTEM
- CAM TO GUARANTEE NATURAL ADAPTION OF THE LOAD
- SHOULDERS REST WITH GAS ASSISTED ADAPTIVE SYSTEM

## MUSCLES



## TECHNICAL SPECIFICATIONS

Width	130 cm
Length	130 cm
Height	130 cm
Weight	180 Kg
Standard Load	50 Kg
Optional Load	80 Kg

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The accessories (dumbbells, discs and barbells) are always placed as decorum therefore not included in the machine.